HARMONY DAY/ Relationships

Aust Curriculum/Concepts/skills	Resources
Appropriate expression of emotions understand and begin to demonstrate appropriate expression and management of their emotions	Harmony Day Mandala sheets (Appendix 3)
Confidence, resilience and adaptability build confidence and resilience Empathy	Game: Mexican Waves
interpret and anticipate the emotional states of others based on their words, facial expressions and body language	Song: Acts of Kindness
Appreciating diverse perspectives describe commonalities and differences between themselves and people in their communities, recognising that people hold many viewpoints	Gratitude page

<u>Learning Intention:</u> To talk about and record Positive thoughts, and introduce mandalas.

<u>Circle</u>: Change places if: you had a great time at the sports; your team won; your birthday is in March; you love soccer; you love music; you like colouring.

Game: Mexican waves

Discuss ways to be kind to each other- how can we do that? Eg compliments, saying hello, opening doors etc. We need to think about some of these things to write our Positive Thoughts of the Week.

<u>Circle:</u> Ask each child for a Positive Thought around this theme and record against their name as you go.

(If appropriate children can colour mandalas while doing this)

<u>Success Criteria:</u> I joined in circle silent statements said a positive thought of the week, I coloured a mandala.

Learning Intention. To sing a condition off Desitive the control and mandalas

<u>Learning Intention:</u> To sing a song, finish off Positive thoughts and mandalas, label mandalas, mention Harmony Day and Every face Has A Place.

Song: Show some Kindness everyday

Mandalas – label around edge with 'Harmony day', 'every face has a place' and things about yourself.

Record Positive thoughts and finish off mandalas.

Share Mandalas (save to hang up)

Write in your Gratitude Journal (at the back of the book) when/if finished

<u>Success Criteria:</u> I joined in the song, I finished my Positive Thought and my mandala.