

Gr 3-4 Relationships / Cyber / EMPATHY

Aust Curriculum/Concepts/skills	Resources
<p><u>Empathy</u> use listening and observational skills to identify and empathise with the feelings and perspectives of others in a range of situations</p> <p><u>Understanding relationships</u> identify the differences between positive and negative relationships and ways of managing these</p> <p><u>Building and maintaining relationships</u> build relationships with peers as they participate in and understand the difference between safe and risky behaviours in relationships</p>	<p>Gratitude Journal</p> <p>RECORD BLOCK TELL poster</p> <p>Blog: http://bepositive.global2.vic.edu.au/2015/02/20/ways-to-disempower-a-bully</p>
<p>Learning Intention: To do a meditation, write in gratitude diary if time</p> <p>Meditation: Worry tree</p> <p>Revisit the RECORD BLOCK TELL – Cyber safety poster</p> <p>RECORD- so you can show someone</p> <p>BLOCK – BLOCK and report the person who sent it</p> <p>TELL- a teacher or adult</p> <p>TELL is one of the most important parts that often doesn't happen- make sure you do!</p> <p>Write down the 5 people who are in your support team this year. (Draw hand)</p> <p>Are their people who have felt unsafe online? Share..</p> <p>Pair/share: what are some ways to 'disempower' /stop a bully??</p> <p>Do these fit in with our 'Be the good news' theme? Think about ideas for our Positive thoughts</p> <p>Success Criteria: I joined in the meditation, remember the RECORD, Block Tell, wrote down my 5 support people, came up with ways to dis-empower bullies.</p> <p>Learning Intention: To look at new Pose d Blog, write positive thought of the week, play a game if time, add to Gratitude journal.</p> <p>Look at and discuss the positive ed Blog: http://bepositive.global2.vic.edu.au/2015/02/20/ways-to-disempower-a-bully</p> <p>Circle: Change places if: You had a good weekend; you are looking forward to the sports night;</p> <p>Circle: Think about ways we can be the Good News to each other, these are what our Positive thoughts should be about this year.</p> <p>Write at least three Positive thoughts in your book, share and have someone recording them on the computer as we go around the group. (Do Mexican wave game when half way to break up)</p> <p>If time:Write at least 3 things in your Gratitude Journal that you are grateful for in the past week.</p> <p>Success Criteria: I looked at the Blog, wrote a Positive Thought and wrote 3 things I am grateful for.</p>	

