

Gr 5-6

Feeling Safe / Support Team/ Every face has a Place

Aust Curriculum/Concepts/skills	Resources
<p>Empathy use listening and observational skills to identify and empathise with the feelings and perspectives of others in a range of situations</p> <p>Understanding relationships identify the differences between positive and negative relationships and ways of managing these</p> <p>Building and maintaining relationships build relationships with peers as they participate in and understand the difference between safe and risky behaviours in relationships</p>	<p>Game: Mexican Waves</p> <p>Mindfulness: Worry & Tree Affirmations</p> <p>Positive ed Blog: http://bepositive.global2.vic.edu.au/2015/02/20/ways-to-disempower-a-bully</p> <p>Gratitude Journal</p>
<p>Learning Intention: To do an affirmation mindfulness, write down the 5 adults and friends in your support teams, look at the Pos Ed Blog, to discuss ideas on blog,</p> <p>Mindfulness: Affirmation and Worry tree We should always feel safe and if we don't, we should ALWAYS tell someone about it. Who are the adult people in your life who you could talk to about anything that might be worrying you? Maybe you can tell one adult about certain things, and another about other things? You need to have someone to be able to tell. – these can change each year Draw your hand and write the 5 adults and in the other hand 5 friends, you can trust to tell things to on the fingers, also draw another hand and write 5 friends you can also share with.</p> <p>Look at and discuss the positive ed Blog: http://bepositive.global2.vic.edu.au/2015/02/20/ways-to-disempower-a-bully</p> <p>Circle: Go through and discuss Blog. Is there anything else we should add?</p> <p>Success Criteria: I joined in the meditation, wrote 5 adults and five friends names in my support team, I wrote in my Gratitude Journal.</p>	
<p>Learning Intention: To play a game, write in your Gratitude Journal, discuss the Pos Ed Blog and discover ways helping others can help us.</p> <p>While calling roll – write down something you are grateful for in your Journal Game: Mexican Waves – wave, stand wave, noise, clap, turn. Every Face has a Place- what does this mean??</p> <p>Pair /Share: How can helping a bully or victim help us too??? Write down some of your ideas, then share and think of others. Share your understandings with the group</p> <p>Success Criteria: I played the game, I wrote in my Gratitude Journal, discussed with a partner and shared with the group.</p>	

